

3-ingredient salt dough recipe

ingredients

- 2 cups all-purpose flour
- 1 cup salt
- 1 cup water
- Mixing spoons or spatulas
- Measuring cups
- Large bowl
- Food coloring (optional)
- Tablecloth/apron (just in case!)



instructions

1. In a large mixing bowl, stir the flour and salt together.
2. Gradually add water while stirring and mixing to form a dough with a Play-Doh like consistency.
3. Form the dough into a ball and knead for approximately 5 minutes, adding a bit more flour if the dough is too sticky or a bit more water if it's too dry.
4. Add color! (optional)
5. Play, make shapes, have fun!

Storing

1. Store dough in plastic wrap and then in zipper plastic bag inside the refrigerator. Before using them again, make sure it returns back to room temperature. If dry, add a bit of water and knead.

Drying

1. Air drying: If you want to dry any shapes made from you dough, place on a baking sheet with parchment paper under the dough and air dry for 2-7 days.
2. Bake: 250 degrees F for about two hours.

Extra Fun!!!

Use different things from around the house to create art with your salt dough.

Examples: straws, pasta, rocks, construction paper, etc.