

B.A.B.E.S.

Beginning Awareness Basic Education Studies

The BABES curriculum is progressive and teaches students skills such as self-awareness, peer refusal skills, decision making, and coping skills in an effort to build resistance skills to substance abuse in later years.

All of our K-4 lessons are delivered in 30-minute sessions.

"She Made Me Do It... Didn't She?"



DECISION-MAKING & PEER PRESSURE

This lesson teaches children the steps to responsible decision-making. The lesson helps children recognize peer-pressure and demonstrate refusal skills.

Every day, children make decisions based on what the children around them say and do. This story helps guide them to making positive choices.

THE OUTCOMES

A few Schools We Have Served:

- *Jupiter Elementary*
- *Elbridge Gale Elementary*
- *North Grade Elementary*
- *Hammock Pointe Elementary*

We provide you with:

- **Coloring sheets of the characters*
- **Activity sheet to reinforce core lesson in which was delivered*
- **Sing-a-long*
- **Word Search*

Other Applications

Related to Literacy:

- *Social Emotional Learning*
- *Vocabulary*
- *Comprehension questions*



HEALTH LITERACY RESPONSIBLE BEHAVIOR

Standard 5: Decision Making -

Demonstrate the ability to use decision-making skills to enhance health.

- Understanding *what is peer pressure*
- Understanding *what are the steps for making good decisions*
- Coincide self-image with decision making *feeling good = good decisions*

SUPPORT

"Suzanne and her staff are wonderfully organized and pleasure to work with. The LSIS Babes program offered SEL learning to our students in a fun and interactive way. Our K-4 students have benefited from this valuable program."